

These 12 comments were made after one course in May 2010  
Comments 1 to 6 [www.stoppaddling.com](http://www.stoppaddling.com)

Overall comments:	THE TRAINER WAS AWESOME. GAVE INFORMATION <del>IN</del> THOROUGHLY.
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Overall comments:	The course was very informative
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Overall comments:	I Found the teaching techniques easy to relate, they were very different but very memorable.
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Overall comments:	Mr Roger is very friendly person. who deliver <del>the</del> very knowledgeable examples. very easy to understand. and I would like to learn more from him in future. Thanks for being helpful! 😊
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Overall comments:	Roger was a good trainer, Involving everyone in the discussions, Making the training entertaining and a great learning experience, Thank.
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Overall comments:	I ENJOYED THE COURSE.
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These 12 comments were made after one course in May 2010  
Comments 7 to 12 [www.stoppaddling.com](http://www.stoppaddling.com)

Overall comments:	Very educative and enlightened into mental health awareness Aware of uncertainties around mental health
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Overall comments:	Excellent style of training.
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Overall comments:	THE COURSE WAS VERY USEFUL AND ALSO ENCOURAGED ME TO RECOMMEND TO OTHERS, AS WELL AS JUST GIVING ME IDEAS ABOUT MENTAL HEALTH.
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Overall comments:	This course has help improve my understanding about my work environment and how i need to improve.
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Overall comments:	It was very helpful course to attend
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Overall comments:	Excellent
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