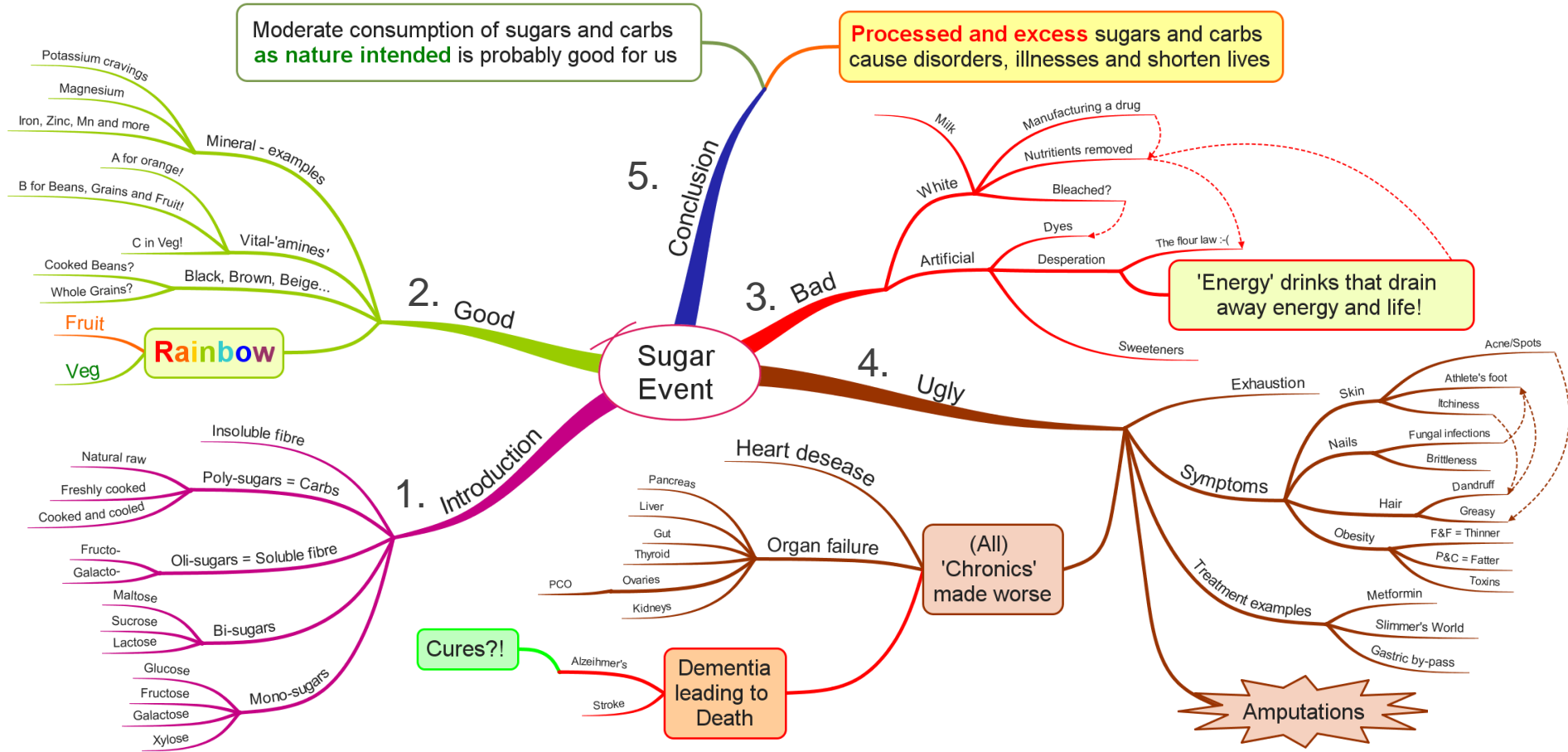
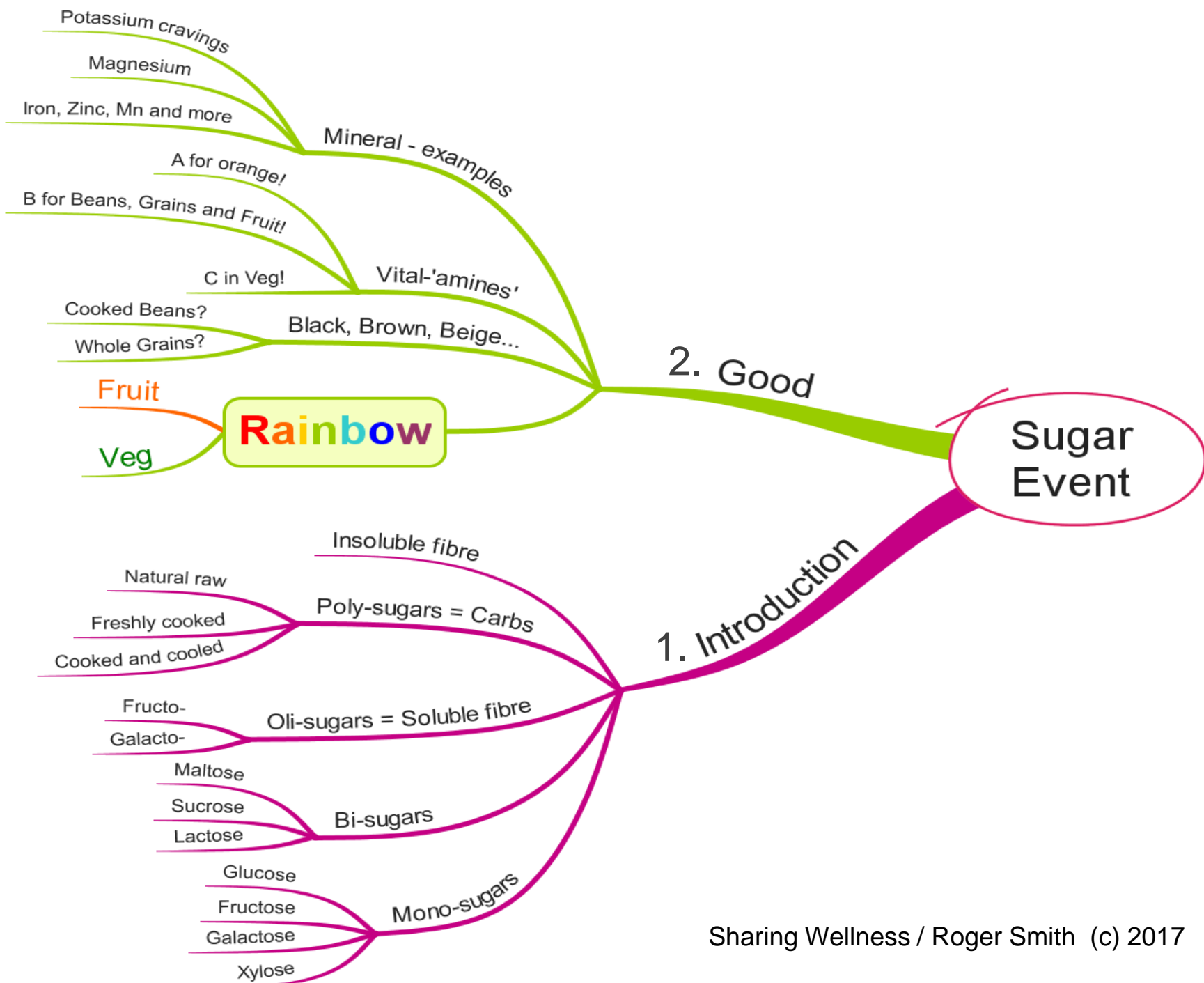
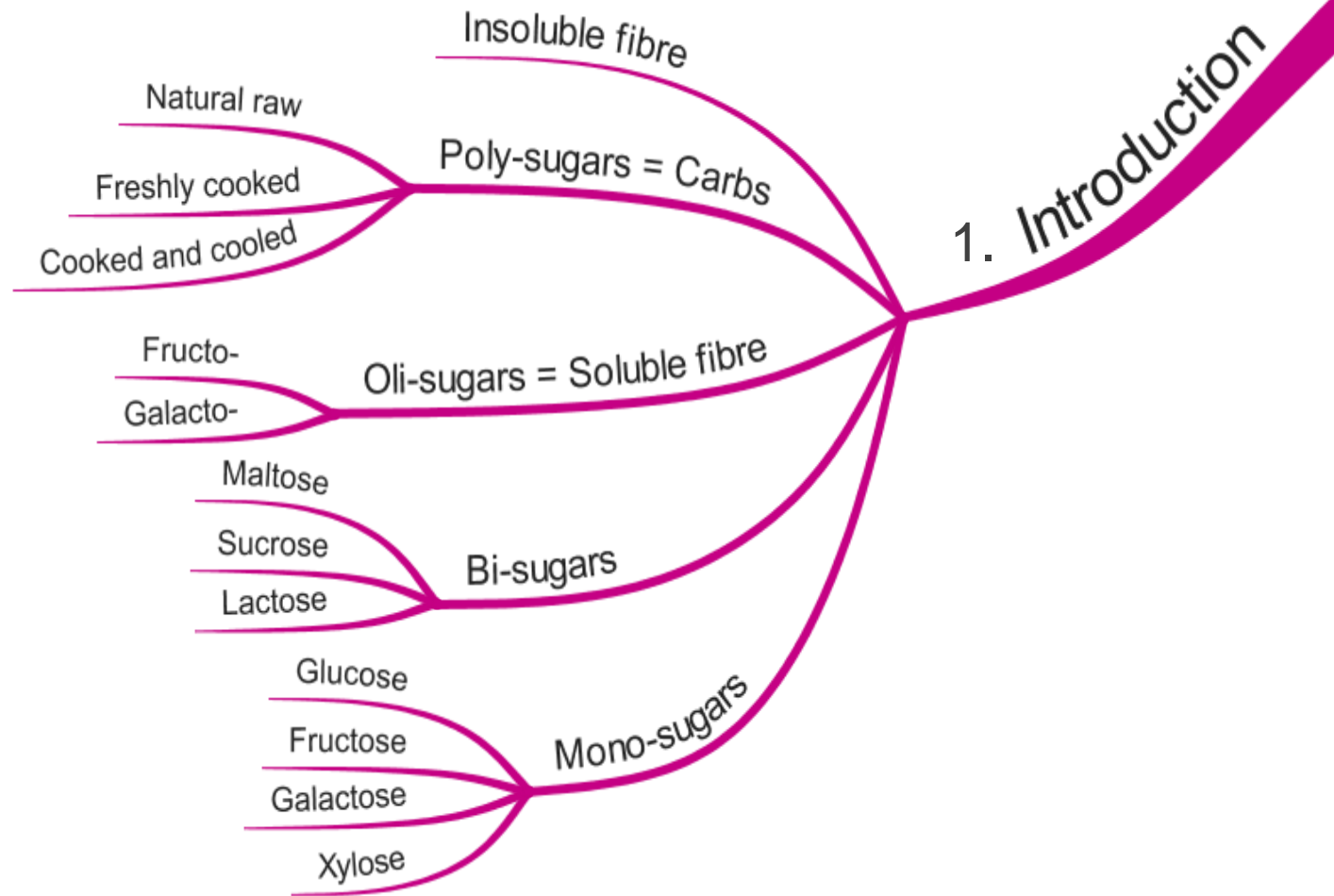
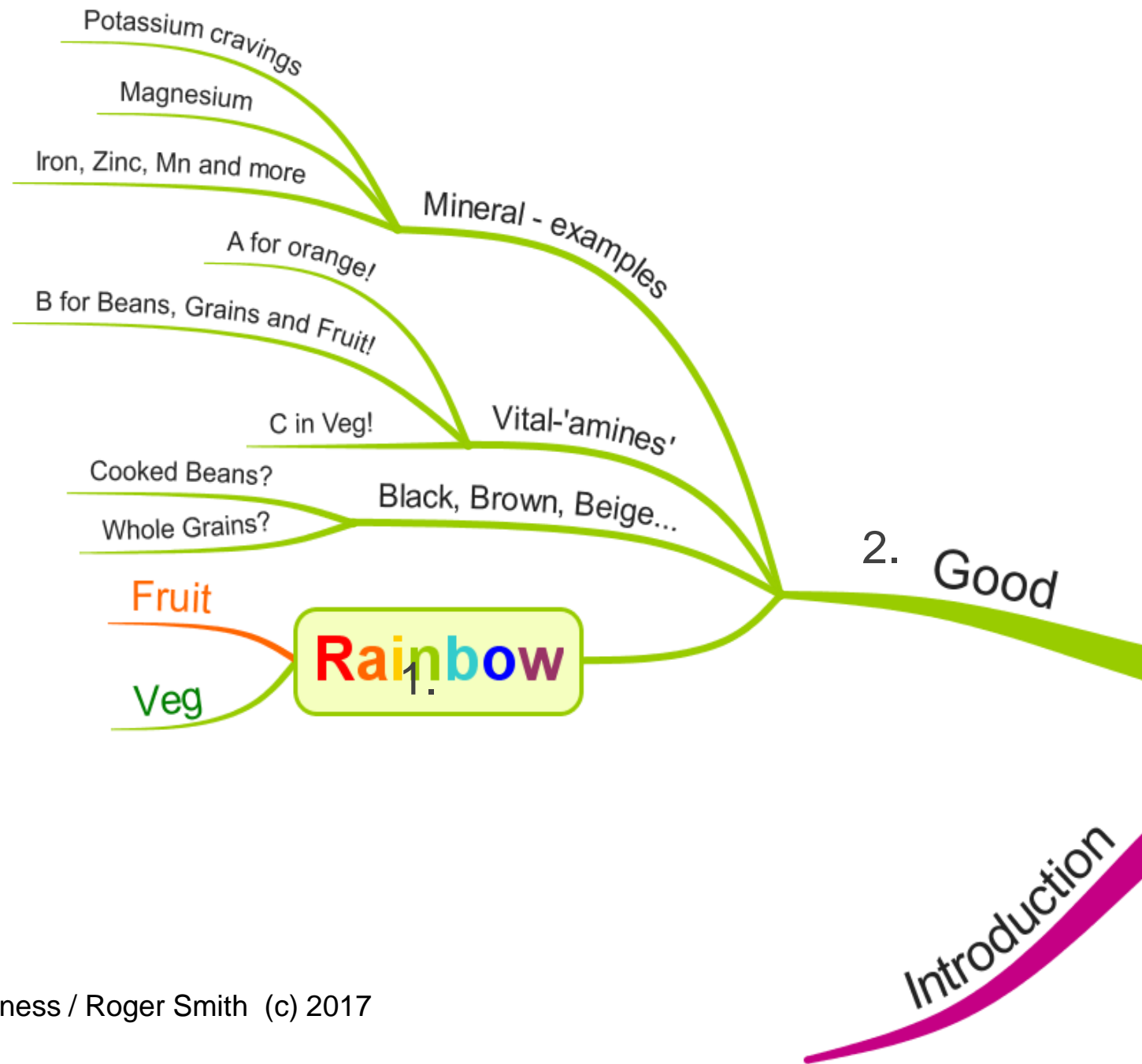


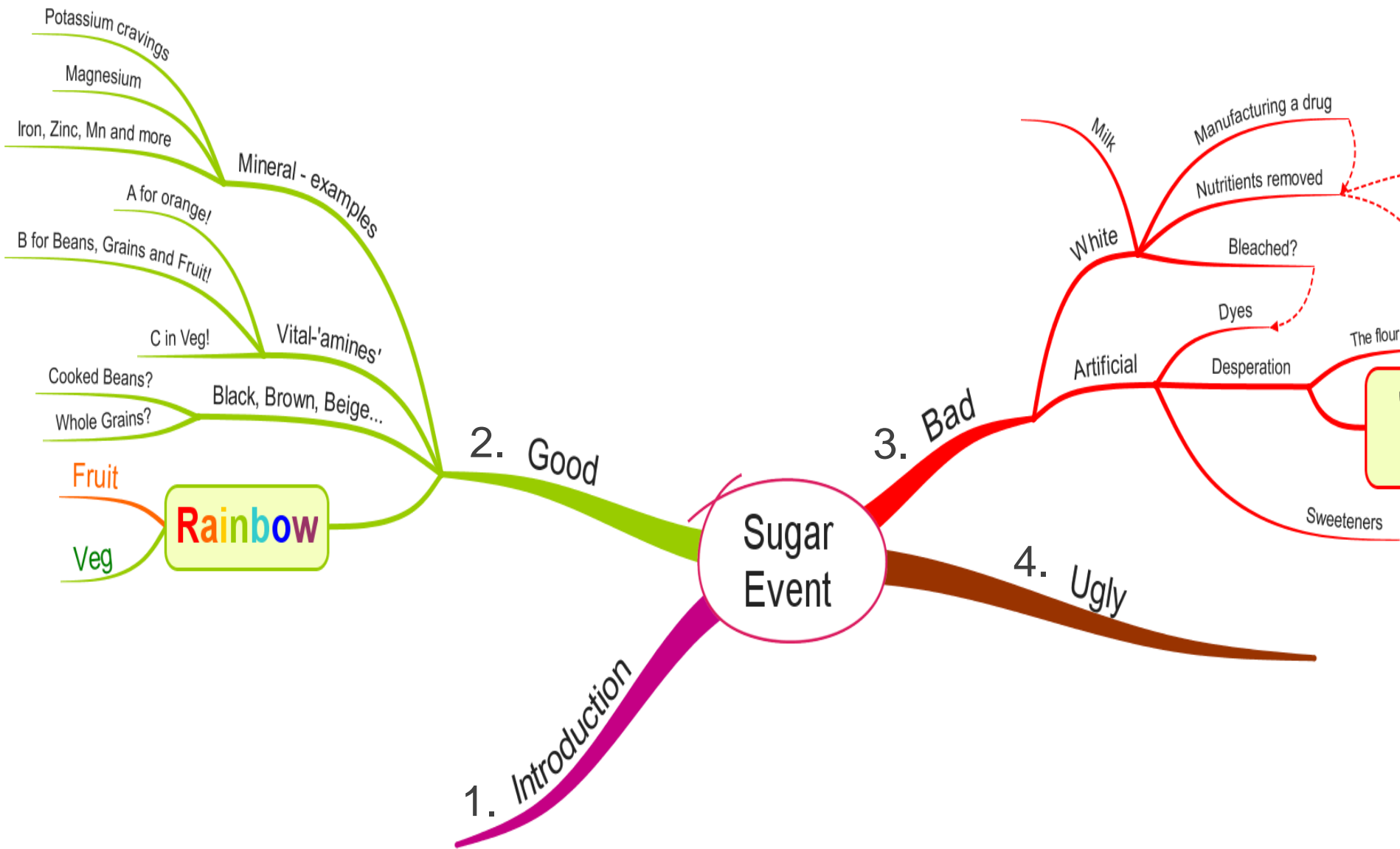
An outline for explaining most of we need to know about sugars and carbs

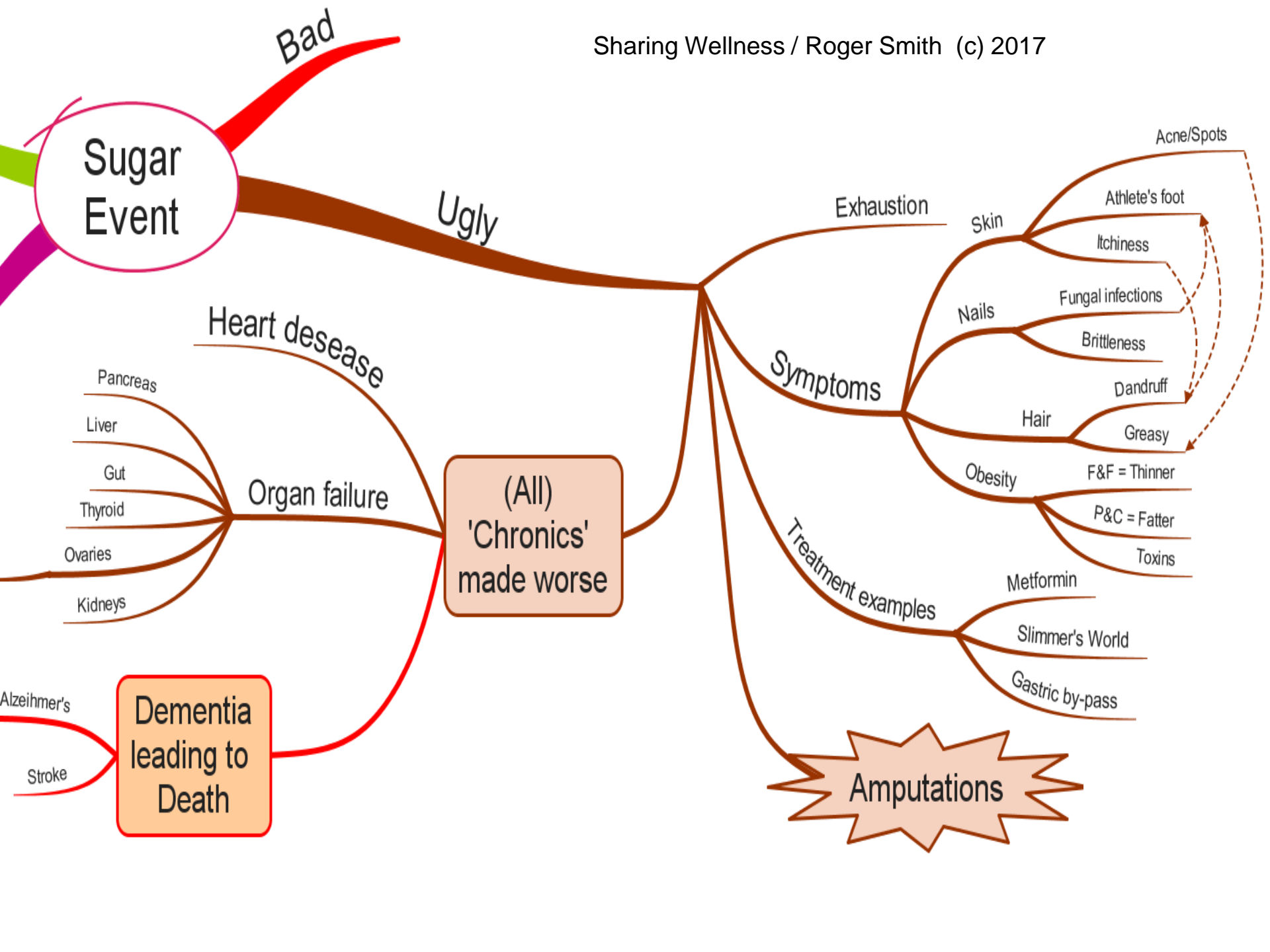












Sugar Event

Bad

Ugly

Heart disease

Organ failure

(All) 'Chronics' made worse

Symptoms

Exhaustion

Skin

Acne/Spots

Athlete's foot

Itchiness

Nails

Fungal infections

Brittleness

Hair

Dandruff

Greasy

Obesity

F&F = Thinner

P&C = Fatter

Toxins

Treatment examples

Metformin

Slimmer's World

Gastric by-pass

Amputations

Dementia leading to Death

Alzheimer's

Stroke

Pancreas

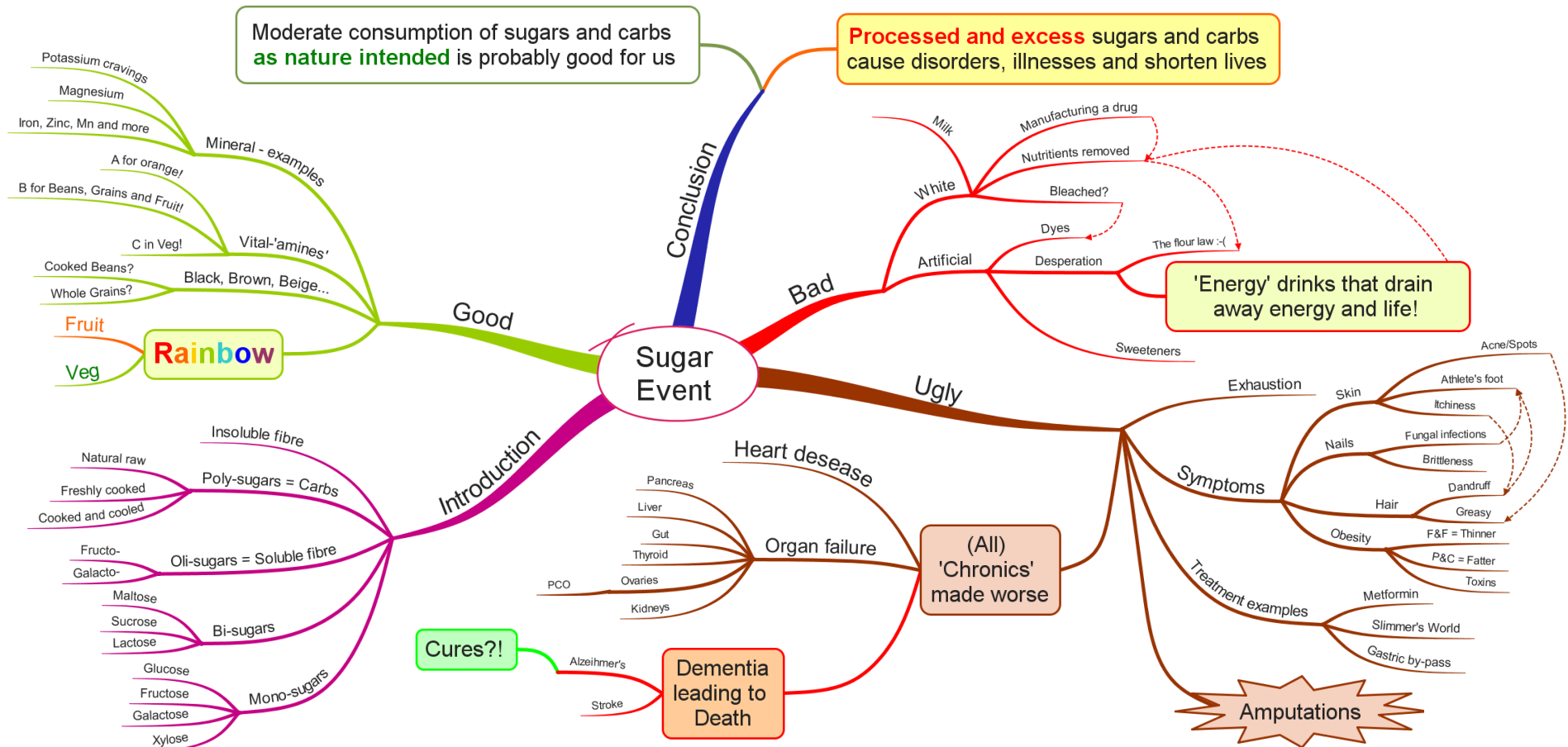
Liver

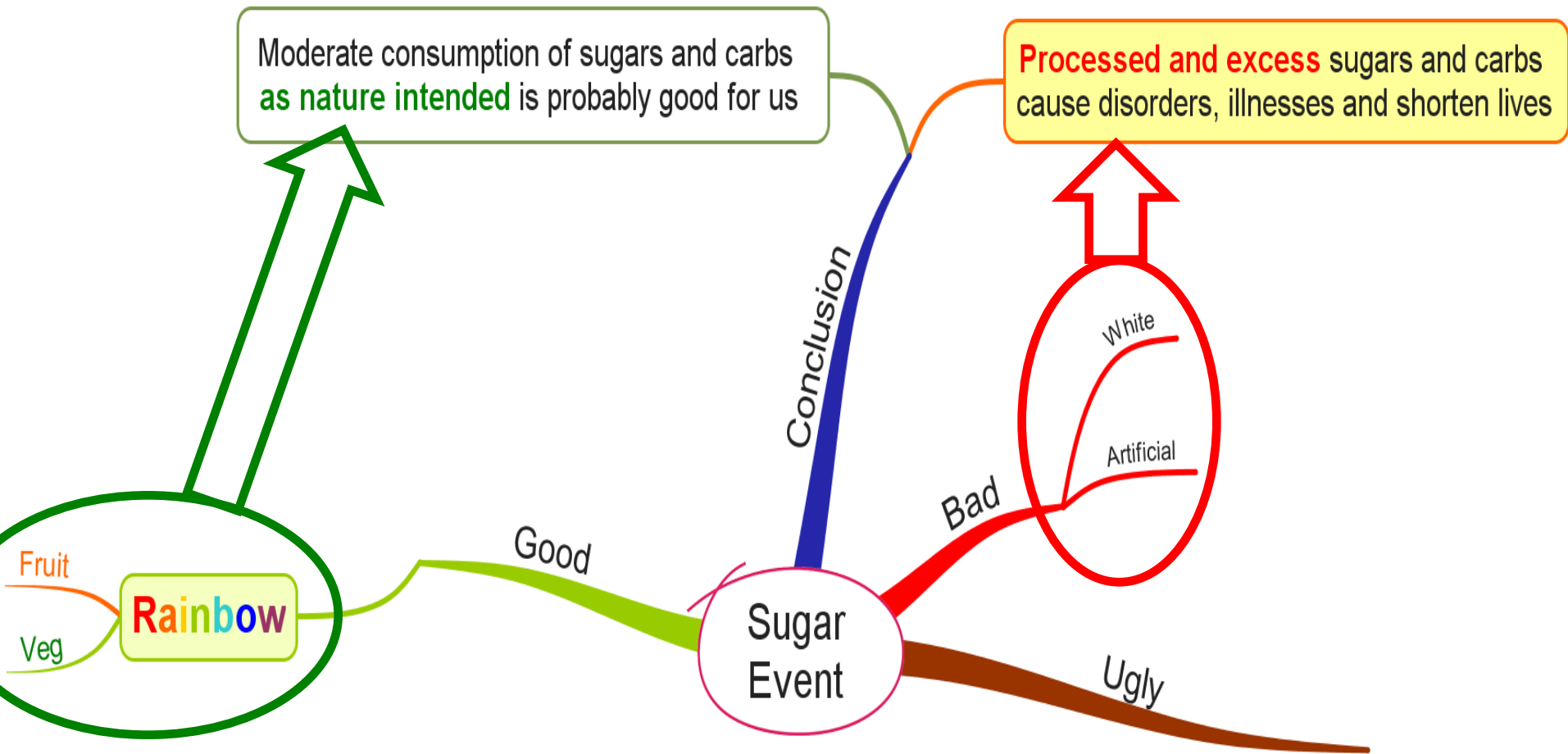
Gut

Thyroid

Ovaries

Kidneys





An outline for explaining most of we need to know about sugars and carbs

